FORM NO. MGT-7

[Pursuant to sub-Section(1) of section 92 of the Companies Act, 2013 and sub-rule (1) of rule 11of the Companies (Management and Administration) Rules, 2014]

Name of the Registrar and Transfer Agent



Annual Return

(other than OPCs and Small Companies)

Form language	English	Hindi
Refer the instruct	tion kit for fil	ing the form.

I. R	EGISTRATION AND OTHE	R DETAILS			
(i) * (Corporate Identification Number (CIN) of the company	U1514	49GJ2018PLC105736	Pre-fill
(Global Location Number (GLN) of	the company			
*	Permanent Account Number (PAN	N) of the company	AADC	L7978A	
(ii) (a	a) Name of the company		LIVA N	NUTRITIONS LIMITED	
(1	o) Registered office address				
	Zydus Corporate Park,Scheme No. Khoraj(Gandhinagar),Nr. Vaishnode Ahmedabad Ahmedabad Gujarat			÷	
(c) *e-mail ID of the company		nandi	sh.joshi@zyduswellnes	
(d) *Telephone number with STD c	ode	07948	3040000	
(e) Website				
(iii)	Date of Incorporation		21/12	/2018	
(iv)	Type of the Company	Category of the Company		Sub-category of the	Company
	Public Company	Company limited by sh	ares	Indian Non-Gov	ernment company
v) W	hether company is having share c	apital	Yes	O No	
vi) *\	Vhether shares listed on recogniz	ed Stock Exchange(s)	Yes	No	
(b) CIN of the Registrar and Trans	fer Agent	U6719	90MH1999PTC118368	Pre-fill

	LINK	INTIME INDIA	PRIVATE LIMITE	 D							
	 Regi	stered office	address of the l	Registrar and Tran	ısfer Agen	ts					
		1, 1st Floor, 24 West), NA	47 Park, Lal Baha	dur Shastri Marg, Vi	kh						
(vii) *	Fina	ncial year Fro	om date 01/04/	2023	(DD/MM/Y	YYY)	To date	31/03/202	4	(DD/M	M/YYYY)
(viii) [*]	*Whe	ether Annual	ـــــــ general meeting	g (AGM) held	(Yes		No			
((a) If	yes, date of	AGM [
((b) D	ue date of A	GM [30/09/2024							
((c) W	/hether any e	extension for AG	M granted		\bigcirc	Yes	No			
II. PI	RIN	CIPAL BU	SINESS ACT	IVITIES OF TH	IE COM	PANY					
	*Nı	umber of bus	iness activities	0							
S.I	No	Main Activity group code	Description of I	Main Activity group	Business Activity Code	s Des	scription o	f Business	Activity	,	% of turnove of the company
	1										
(II	NCL	UDING JC	INT VENTU	G, SUBSIDIAR RES)		ASSO	CIATE (IIES		
S.N	lo	Name of t	he company	CIN / FCR	RN	Holdin	g/ Subsid Joint V	iary/Assoc enture	iate/	% of sh	ares held
1		ZYDUS WEL	LNESS LIMITED	L15201GJ1994PL	C023490		Holo	ling		1	00
i) *Sł	HAR	E CAPITA	L al	URES AND OT					OMPA	NY	
		Particula	irs	Authorised capital	Issu capi			scribed pital	Paid u	ıp capital	
Total	l num	nber of equity	shares	100,000	50,000		50,000		50,000		
Total		ount of equity	shares (in	1,000,000	500,000		500,000		500,00	0	

Number of classes

Class of Shares Equity shares	Authoricad	Issued capital	Subscribed capital	Paid up capital
Number of equity shares	100,000	50,000	50,000	50,000
Nominal value per share (in rupees)	10	10	10	10
Total amount of equity shares (in rupees)	1,000,000	500,000	500,000	500,000

(b) Preference share capital

Particulars	Authorised capital	Issued capital	Subscribed capital	Paid-up capital
Total number of preference shares	3,000,000	3,000,000	3,000,000	3,000,000
Total amount of preference shares (in rupees)	30,000,000	30,000,000	30,000,000	30,000,000

Number of classes 1	Number of classes 1	
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Class of shares 7% Optionally Convertible Non-cumulative Redeem	Authorised	Capital	Subscribed capital	Paid up capital
Number of preference shares	3,000,000	3,000,000	3,000,000	3,000,000
Nominal value per share (in rupees)	10	10	10	10
Total amount of preference shares (in rupees)	30,000,000	30,000,000	30,000,000	30,000,000

(c) Unclassified share capital

Particulars	Authorised Capital
Total amount of unclassified shares	0

(d) Break-up of paid-up share capital

Class of shares	Class of shares Number of shares			Total nominal amount	Total Paid-up amount	Total premium
Equity shares	Physical	DEMAT	Total			
At the beginning of the year	0	50,000	50000	500,000	500,000	
Increase during the year	0	0	0	0	0	0
i. Pubic Issues	0	0	0	0	0	0
ii. Rights issue	0	0	0	0	0	0
iii. Bonus issue	0	0	0	0	0	0
iv. Private Placement/ Preferential allotment	0	0	0	0	0	0

v. ESOPs						
	0	0	0	0	0	0
vi. Sweat equity shares allotted	0	0	0	0	0	0
vii. Conversion of Preference share	0	0	0	0	0	0
viii. Conversion of Debentures	0	0	0	0	0	0
ix. GDRs/ADRs	0	0	0	0	0	0
x. Others, specify						
Decrease during the year	0	0	0	0	0	0
i. Buy-back of shares	0	0	0	0	0	0
ii. Shares forfeited	0	0	0	0	0	0
iii. Reduction of share capital	0	0	0	0	0	0
iv. Others, specify						
At the end of the year	_					
·	0	50,000	50000	500,000	500,000	
Preference shares						
			<u> </u>			
At the beginning of the year	3,000,000	0	3000000	30,000,000		
	3,000,000	0	3000000	30,000,000	30,000,000 F	
Increase during the year					+	
Increase during the year i. Issues of shares ii. Re-issue of forfeited shares	0	0	0	0	0	0
Increase during the year i. Issues of shares	0	0	0	0	0	0
Increase during the year i. Issues of shares ii. Re-issue of forfeited shares	0	0	0	0	0	0
i. Issues of shares ii. Re-issue of forfeited shares iii. Others, specify Decrease during the year	0 0 0	0 0 0	0 0 0	0 0 0	0 0	0 0 0
i. Issues of shares ii. Re-issue of forfeited shares iii. Others, specify Decrease during the year	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0
i. Issues of shares ii. Re-issue of forfeited shares iii. Others, specify Decrease during the year i. Redemption of shares	0 0 0	0 0 0	0 0 0 0	0 0 0 0	0 0 0 0	0 0 0 0
i. Issues of shares ii. Re-issue of forfeited shares iii. Others, specify Decrease during the year i. Redemption of shares ii. Shares forfeited	0 0 0 0 0 0	0 0 0 0 0	0 0 0 0 0	0 0 0 0 0	0 0 0 0	0 0 0 0 0

ISIN of the equity shares of the company

Class of shares		(i))		(ii)			(iii)
Before split /	Number of shares							
Consolidation	Face value per share							
Consolidation	race value per share							
After split /	Number of shares							
Consolidation	Face value per share							
	-							
	es/Debentures Transfe t any time since the in						cial y	ear (or in the
	vided in a CD/Digital Media]		\circ	Yes	\bigcirc	No	\circ	Not Applicable
Separate sheet at	tached for details of transfer	rs	0	Yes	0	No		
Date of the previous	s annual general meeting							
Date of registration	of transfer (Date Month Y	ear)						
Type of transf	er 1	- Equity	, 2- Prefere	ence Sh	ares,3	- De	benture	es, 4 - Stock
Number of Shares/ Units Transferred	Debentures/		Amount Debentu			.)		
Ledger Folio of Trai	nsferor							
Transferor's Name								
	Surname		middle	name				first name
Ledger Folio of Trai	<u>'</u>							

Transferee's Name							
	Surname	middle name	first name				
Date of registration of transfer (Date Month Year)							
Type of transfe	Type of transfer 1 - Equity, 2- Preference Shares,3 - Debentures, 4 - Stock						
Number of Shares/ Debentures/ Units Transferred Amount per Share/ Debenture/Unit (in Rs.)							
Ledger Folio of Trans	sferor						
Transferor's Name							
	Surname	middle name	first name				
Ledger Folio of Transferee							
Transferee's Name							
	Surname	middle name	first name				

(iv) *Debentures (Outstanding as at the end of financial year)

Particulars	Number of units	Nominal value per unit	Total value
Non-convertible debentures	0	0	0
Partly convertible debentures	0	0	0
Fully convertible debentures	0	0	0
Total			0

Details of debentures

Class of debentures	Outstanding as at the beginning of the year	_	Decrease during the year	Outstanding as at the end of the year
Non-convertible debentures	0	0	0	0
Partly convertible debentures	0	0	0	0
Fully convertible debentures	0	0	0	0

(v) Securities (other than shares and debentures)

` '	•	•			
Type of Securities	Number of Securities	Nominal Value of each Unit	Total Nominal Value	Paid up Value of each Unit	Total Paid up Value
Decumes	Securities	each Offic	Value	each offic	
T ()					
Total					

V. *Turnover and net worth of the company (as defined in the Companies Act, 2013)

(I)	lullic	vei	

0

(ii) Net worth of the Company

20.000.050	
3,999,358	

VI. (a) *SHARE HOLDING PATTERN - Promoters

S. No.	Category	Equ	Equity		ence
		Number of shares	Percentage	Number of shares	Percentage
1.	Individual/Hindu Undivided Family				
	(i) Indian	0	0	0	0
	(ii) Non-resident Indian (NRI)	0	0	0	0
	(iii) Foreign national (other than NRI)	0	0	0	0
2.	Government				
	(i) Central Government	0	0	0	0
	(ii) State Government	0	0	0	0
	(iii) Government companies	0	0	0	0
3.	Insurance companies	0	0	0	0
4.	Banks	0	0	0	0
5.	Financial institutions	0	0	0	0

6.	Foreign institutional investors	0	0	0	0
7.	Mutual funds	0	0	0	0
8.	Venture capital	0	0	0	0
9.	Body corporate (not mentioned above)	50,000	100	3,000,000	100
10.	Others	0	0	0	0
	Total	50,000	100	3,000,000	100

Total number	of shareholders	(promoters)
--------------	-----------------	-------------

7			

(b) *SHARE HOLDING PATTERN - Public/Other than promoters

S. No.	Category	Equi	Equity		Preference	
		Number of shares	Percentage	Number of shares	Percentage	
1.	Individual/Hindu Undivided Family					
	(i) Indian	0	0	0	0	
	(ii) Non-resident Indian (NRI)	0	0	0	0	
	(iii) Foreign national (other than NRI)	0	0	0	0	
2.	Government					
	(i) Central Government	0	0	0	0	
	(ii) State Government	0	0	0	0	
	(iii) Government companies	0	0	0	0	
3.	Insurance companies	0	0	0	0	
4.	Banks	0	0	0	0	
5.	Financial institutions	0	0	0	0	
6.	Foreign institutional investors	0	0	0	0	
7.	Mutual funds	0	0	0	0	
8.	Venture capital	0	0	0	0	
9.	Body corporate (not mentioned above)		0		0	
10.	Others	0	0	0	0	

	Total	0	0	0	0
Total nun	nber of shareholders (other than prom	oters) 0			
	ber of shareholders (Promoters+Publi n promoters)	c / 7			

VII. *NUMBER OF PROMOTERS, MEMBERS, DEBENTURE HOLDERS (Details, Promoters, Members (other than promoters), Debenture holders)

Details	At the beginning of the year	At the end of the year
Promoters	7	7
Members (other than promoters)	0	0
Debenture holders	0	0

VIII. DETAILS OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

(A) *Composition of Board of Directors

Category		lirectors at the g of the year		ectors at the end e year	Percentage of shares held by directors as at the end of year		
	Executive	Non-executive	Executive	Non-executive	Executive	Non-executive	
A. Promoter	0	1	0	1	0	0	
B. Non-Promoter	0	3	0	2	0	0	
(i) Non-Independent	0	3	0	2	0	0	
(ii) Independent	0	0	0	0	0	0	
C. Nominee Directors representing	0	0	0	0	0	0	
(i) Banks & FIs	0	0	0	0	0	0	
(ii) Investing institutions	0	0	0	0	0	0	
(iii) Government	0	0	0	0	0	0	
(iv) Small share holders	0	0	0	0	0	0	
(v) Others	0	0	0	0	0	0	
Total	0	4	0	3	0	0	

Number of Directors and Key managerial personnel (who is not director) as on the financial year end date

(B) (i) *Details of directors and Key managerial personnel as on the closure of financial year

Name	DIN/PAN	Designation	Number of equity share(s) held	Date of cessation (after closure of financial year : If any)
SHARVIL PANKAJBH/	00131995	Director	1	
TARUN ARORA	07185311	Director	0	
BHAVANA DOSHI	02067636	Director	0	

(ii) Particulars of change in director(s) and Key managerial personnel during the year									
	Name			Date of appointment/ change in	Nature of change (Appointment/ Change in designation/ Cessation)				
1									

01/11/2023

Cessation

IX. MEETINGS OF MEMBERS/CLASS OF MEMBERS/BOARD/COMMITTEES OF THE BOARD OF DIRECTORS

Director

A. MEMBERS/CLASS /REQUISITIONED/NCLT/COURT CONVENED MEETINGS

05158870

Number of meetings held	1				
Type of meeting	Date of meeting	Total Number of Members entitled to attend meeting	Attendance		
		· ·		% of total shareholding	
Annual General Meeting	02/08/2023	7	7	100	

B. BOARD MEETINGS

SAVYASACHI SENT

*Number of meetings held	5

S. No.	Date of meeting	Total Number of directors associated as on the date			
		of meeting	Number of directors attended	% of attendance	
1	16/05/2023	4	4	100	
2	02/08/2023	4	4	100	
3	25/10/2023	4	3	75	
4	04/11/2023	3	3	100	
5	07/02/2024	3	3	100	

C. COMMITTEE MEETINGS

umber o	or meetings neid				0								
S.		/pe of eeting				Number mbers as			Atte	ndance	;		
		g	Date o	of meeting		date of	Numb attend	per of members ded		% of attendance		ıce	
*ATTI	1 ENDANCE OF	DIREC	TORS										
				Board Me	eetings	3		C	ommittee N	Meeting	S		Whether
S. No.	Name of the director	Number Meeting director entitled attend	s which was	Number Meetings attended	;	% of attendance	ce	Number of Meetings which director was entitled to attend	Number o Meetings attended	13	% of attendan	ce	held on
													(Y/N/NA
1	SHARVIL PA	5	5	4		80		0	0		0		
2	TARUN ARO	F 5	5	5		100)	0	0		0		
3	BHAVANA D	5	5	5		100)	0	0		0		
S. No.	Name		Desig	nation	Gros	ss Salary	C	ommission	Stock Option Sweat equ		Othe	ers	Total Amount
1													0
	Total												
ımber o	of CEO, CFO ar	d Compa	ny secre	etary who	se rem	uneration	details						
S. No.	Name		Desig	nation	Gros	ss Salary	C	ommission	Stock Option Sweat equ		Othe	ers	Total Amount
1													0
	Total												
umber o	of other director	s whose r	emuner	ation deta	ils to b	e entered							
S. No.	Name		Desig	nation	Gros	ss Salary	C	ommission	Stock Option Sweat equition		Othe	ers	Total Amount
1													0
	Total												

XI. MATTERS RELAT	ED TO CERTIFICAT	ION OF COMPLIAN	NCES AND DISCLOSU	RES	
* A. Whether the corprovisions of the	mpany has made com e Companies Act, 201	npliances and disclo	sures in respect of app	licable Yes	O No
B. If No, give reas	ons/observations				
XII. PENALTY AND P	UNISHMENT - DETA	AILS THEREOF			
(A) DETAILS OF PEN	ALTIES / PUNISHME	NT IMPOSED ON C	COMPANY/DIRECTOR	S/OFFICERS N	Vil
Name of the company/ directors/ officers	Name of the court/ concerned Authority	Date of Order	Name of the Act and section under which penalised / punished	Details of penalty/ punishment	Details of appeal (if any) including present status
(B) DETAILS OF CO	MPOUNDING OF OF	FENCES N	lil		
Name of the company/ directors/ officers	Name of the court/ concerned Authority	Date of Order	Name of the Act and section under which offence committed	Particulars of offence	Amount of compounding (in Rupees)
XIII. Whether comp	lete list of sharehold	ders, debenture ho	olders has been enclos	sed as an attachmen	t
Ye	s No				
XIV. COMPLIANCE	OF SUB-SECTION (2) OF SECTION 92	, IN CASE OF LISTED	COMPANIES	
In case of a listed co more, details of com	ompany or a company pany secretary in who	having paid up sha ble time practice cer	re capital of Ten Crore tifying the annual returr	rupees or more or tur n in Form MGT-8.	nover of Fifty Crore rupees or
Name					
Whether associate	e or fellow	Associat	te C Fellow		
Certificate of pra	ctice number				

- I/We certify that:(a) The return states the facts, as they stood on the date of the closure of the financial year aforesaid correctly and adequately.(b) Unless otherwise expressly stated to the contrary elsewhere in this Return, the Company has complied with all the provisions of the Act during the financial year.

Declaration

I am Authorised	l by the Board of	Directors of the cor	mpany vide resolutio	n no	19	dated	21/12/2018]
			II the requirements o					_ der
			attachments thereto uppressed or concea					
2. All the	required attachm	ients have been co	ompletely and legibly	attached to	o this form.			
			of Section 447, sec ement and punishr				ct, 2013 which	provide fo
To be digitally	signed by							
Director								
DIN of the direc	etor	00131995						
To be digitally	signed by							
OCompany Se	ecretary							
Company se	ecretary in practic	e						
Membership nu	mber 17180		Certificate of p	ractice num	nber	6414		
Attacl	hments					List	of attachments	3
1. Lis	t of share holders	s, debenture holder	S	Att	ach			
2. Ар	proval letter for ex	ctension of AGM;		Att	ach			
3. Co	py of MGT-8;			Att	ach			
4. Op	tional Attacheme	nt(s), if any		Att	ach			
						Rei	move attachme	ent
	Modify	Cł	neck Form	Р	rescrutiny		Submit	

This eForm has been taken on file maintained by the Registrar of Companies through electronic mode and on the basis of statement of correctness given by the company

LIVA NUTRITIONS LIMITED

Registered Office: "Zydus Corporate Park"

Scheme No. 63, Survey No. 536, Khoraj (Gandhinagar) Nr. Vaishnodevi Circle, Sarkhej – Gandhinagar Highway,

Ahmedabad – 382481

CIN: U15149GJ2018PLC105736

Phone No.: 079 – 48040000; 079 – 71800000

List of Equity Shareholders as on March 31, 2024

SR. NO.	NAME OF THE SHAREHOLDER/S	NO. OF EQUITY SHARES HELD	% OF HOLDING			
1.	Zydus Wellness Limited	49,994	100.00			
	Mr. Pankajbhai Ramanbhai Patel	1	0			
2.	(Nominee of Zydus Wellness Limited)	_				
	Dr. Sharvil Pankajbhai Patel	1	0			
3.	(Nominee of Zydus Wellness Limited)	_				
	Mr. Vishal Jyotindra Gor	1	0			
4.	(Nominee of Zydus Wellness Limited)		-			
	Mr. Chimanlal Patel	1	0			
5.	(Nominee of Zydus Wellness Limited)	_				
	Mr. Mukund Thakkar					
6.	(Nominee of Zydus Wellness Limited)	1	0			
7.	Mr. Harish Sadana	1	0			
/.	(Nominee of Zydus Wellness Limited)	_				
	TOTAL	50,000	100.00 %			

LIVA NUTRITIONS LIMITED

Registered Office: "Zydus Corporate Park"

Scheme No. 63, Survey No. 536, Khoraj (Gandhinagar) Nr. Vaishnodevi Circle, Sarkhej – Gandhinagar Highway,

Ahmedabad – 382481

CIN: U15149GJ2018PLC105736

Phone No.: 079 – 48040000; 079 – 71800000

List of Preference Shareholders as on March 31, 2024

SR. NO.	NAME OF THE SHAREHOLDER/S	NO. OF PREFERENCE SHARES HELD	% OF HOLDING
1.	Zydus Wellness Limited	30,00,000	100.00%
TOTAL		30,00,000	100.00 %